

Hope in the Saddle

September 12, 2019 ·

"After my departure from the U.S. Navy, I wrestled with internal struggles, feeling expendable and inadequate. I was haunted by dreams of being deployed overseas again and was a prisoner of rage and unending bitterness. Finally, I reached out to [Runnin' Free Ranch](#) in Ennis, TX, for help.

At first, I scoffed at the concept of a "horsey" helping me cope with my inner struggles. I am truly happy and blessed to say that I was 100% wrong!

This beautiful horse, Sevin, captivated my heart from the first day. Our therapy sessions have comprised of laughter, tears, frustration, and release of tension that I've never experienced before. When I look into Sevin's eyes during our sessions, I do not just see a horse that was rescued from a kill pen. I see a creation of God that was also given the same assurance that HE was not expendable, either.

Sevin and I will share a precious friendship throughout the years, and he will continue to bless so many lives in our community! I believe Sevin's second chance at life helped save my life as well." —Brian L. [#TherapyHorseThursday](#)

Sevin, from all of us at Hope in the Saddle, Nutrena Horse Feed, and Tractor Supply Co., thank you for all you do!